

**NOW RUN  
BY AND  
FOR  
PEOPLE  
WITH RSI**

# **SF Repetitive Strain Injury Support Group**

**January–June 2007**

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**NOTE NEW  
LOCATION!**

**Davies Campus, California Pacific Medical Center**  
Castro and Duboce Streets (6 blocks north of Market)  
Room B 2 & 3 - North Tower, near the cafeteria.

7:00 - 9:00 PM (first Mondays except holidays)

- Jan. 8     **Kaz Shibao**, Certified Feldenkrais Practitioner, Orthopedic Massage Practitioner, and Health Fitness Instructor, on how he works with people with RSI.
- Feb. 5     **Crystal Padilla**, Advocate, Protection & Advocacy, Inc.  
The ADA and employee rights: how to ask for an accommodation.
- March 5    **Sue Borg**, Worker's Compensation Attorney  
Sue will answer your questions and update us on the latest in the worker's comp system.
- April 9    **Mike White**, Ergonomic Specialist  
Mitigating RSI risk through proper equipment and postures.
- May 7     **Daniel Burton-Rose** and **Mattilda a.k.a. Matt Bernstein Sycamore**  
in conversation about writing, technological society, sexual trauma and the personal politics of living with RSI and fibromyalgia.
- June 4    **Liz Scarpelli**, Scarpelli and Kakehashi Physical Therapy  
Physical therapies for RSI and self-management.

Speakers from 7:00-8:00, open discussion about the talk and whatever else is on people's minds from 8:00-9:00, roughly.

**BART:** transfer to MUNI Metro underground at Civic Center station.

**MUNI:** K, L, M, F to Castro & Market, #24 or #37 to Castro & Duboce, or take the N to Duboce Park and walk up the hill.

**Paid parking** at 45 Castro St. **Wheelchair access** at Castro & Duboce.